

ALTON MEMORIAL HEALTH SERVICES FOUNDATION

2018-2019 Annual Report

HEART OF A HERO



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Our mission is to improve the health of the people and the communities we serve. To help us fulfill our mission, please contact the development office at 618-463-7701.

Paul R. Lauschke Jr.
AMHSF CHAIRMAN

David A. Braasch, RPh., FACHE
AMH PRESIDENT



They don't wear capes and fancy knee-high boots. They aren't masked crime fighters trying to disguise their identities. They aren't leaping tall buildings in a single bound.

They are often quiet and almost hidden in our community. Yet they work with us, live in our neighborhoods and are all around us.

In this year's annual report, we want to highlight five stories which provide a snapshot of the heroes in our community and their positive impacts. All of these heroes have one super power in common – big hearts. Their desire to enrich their communities create an environment that stimulates children's ability to speak, provides life-saving medication and transportation, and shapes a future that is bright for the most vulnerable.

We salute these heroes and everyone who has made a contribution to Alton Memorial Health Services Foundation. Without you, we wouldn't be able to fulfill our mission to improve the health of the people and communities we serve.

Thank you for being super.

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AMH **JOINS** Siteman Cancer Network

A Farmersville couple enjoyed taking in some of Alton's most popular restaurants, but they are ready to return to having a flexible schedule.

"That's worth a lot to us," said Linda Waldeck.

Her husband, Marvin, was diagnosed with prostate cancer in the spring of 2019 and started their journey at the Siteman Cancer campus in St. Louis. It was worth it for them to drive four and a half hours for appointments with radiation oncologist Dr. Hiram Gay.

"We had heard good things about Siteman and knew that they would have seen lots of similar cases," said Linda.

Soon they discovered a new option that would reduce their commute. Alton Memorial Hospital became the first Illinois member of the Siteman Cancer Network in the spring of 2019 thanks to support from Alton Memorial Health Services Foundation. The Waldecks were told they could continue Marvin's treatments at Alton Memorial and receive the same excellent care, but closer to home.

Marvin and Linda Waldeck saved nearly two hours a day by being able to have Marvin continue his care at Alton Memorial Hospital after it joined the Siteman Cancer Network.



"We aren't really used to the traffic, so we would have to have one of our kids drive us to St. Louis," said Marvin. "After being here (at Alton Memorial), I can't say enough about it. Everyone has been so nice."

"We were really impressed with the staff in St. Louis, so it was important to us to remain within the Siteman Cancer Network," said Linda.

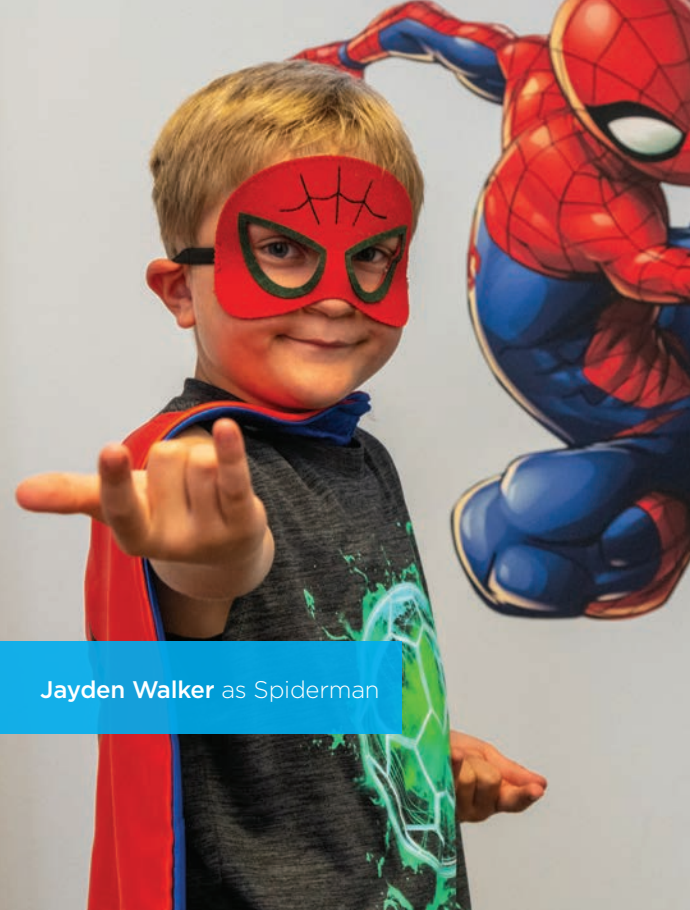
"Most patients I've spoken with about the affiliation have responded very positively to it," said Dr. Gregory Vlacich, clinical director of Radiation Oncology at Alton Memorial Hospital. "The network provides more direct access to cancer prevention and control strategies, and genomic and genetic testing. Patients also will have streamlined access to highly specialized treatments and technologies, including clinical trials, at Siteman."

Marvin finished 25 treatments. Now the Waldecks are getting back to what they would like to be doing.

"The staff was great," Marvin said. "They made a bad situation a lot better."



Patients of **Dr. Gregory Vlacich** have shared how Alton Memorial Hospital joining the Siteman Cancer Network has benefited them.



Jayden Walker as Spiderman



Bryce Needs as Batman



Jessica Sutphin as Supergirl



Cooper Curry as Ironman

Children Inspire **AWESOME** Superhero-Themed Room

A group of donors recently came to the rescue of the Speech Therapy department at Alton Memorial Hospital. They sent in AWESOME cards to thank and recognize the therapists for the excellent care they provided to their loved ones. To the surprise of the therapists, they included donations.

The Pediatric Speech and Occupational Therapy area was bursting at the seams, so the staff compiled the gifts to find a solution to their tight space issue.

“We asked the Plant Operations team to paint an area in the Joint Wellness Center and add a table with chairs,” said Sue Walker, manager of the Human Motion Institute. “Then we asked our most precious patients how we could jazz up their new space.”

“The consensus was superheroes,” said Tori Banghart, speech pathologist at the Human Motion Institute. “We thought it was perfect because it wasn’t too childish, but not too adult.”

The therapists used the funds to purchase life-sized stickers of superheroes to decorate the walls.

“The stickers have helped kids connect during their sessions,” said JoEllen Corona, lead speech pathologist at the Human Motion Institute. “We will ask them, ‘How would the Hulk or Spiderman say that?’”

The children who came up with the new room’s theme were amazed by the transformation.

“I think it was hard for them to visualize that their idea was coming to life until they saw the completed space,” said Corona. “Now, everyone’s eyes get wide and light up. They come in for a session and request the superhero room.”

“I know, as a parent, when someone has done something for your kid, you are so appreciative, but we are so appreciative of them. Their gifts are a testament to the type of care we provide,” said Banghart.

“I’ve been a therapist for 30 years and this project really energized me. Superheroes can do anything. In this age of bullying, it’s so great for kids to relate to them. They are a conversation point and help to build up their confidence,” said Corona.

GENEROUS Nursing School Alum to Leave a Legacy Gift

When Dixie Lohse thinks about her time in the operating room, her face lights up and she starts to laugh. After nearly 40 years, she can tell you a story or two.

"I knew all phases of surgery: orthopedics, neuro, general, OB/GYN, and I wasn't afraid to give my opinion," said Lohse with a big smile on her face.

Lohse fell in love with nursing while she was a student at the Alton Memorial School of Nursing.

"I had excellent instructors, so I was a sponge," she said. "I absorbed all that I could and took it with me."

When she graduated, she got a job at Barnes Hospital in January 1959. She wanted to work there because her grandmother had gone there for cancer treatment. She credits the doctors and nurses with saving her grandmother's life.

Lohse worked her way up to becoming the head of General Surgery, but it was her days as a scrub nurse when she learned the most.

"I was able to learn what the doctors needed and anticipate their needs. I became more of an assistant for them."

As her career progressed, there was one thing she continued to preach to her staff.

"Some people say to take care of patients like they are one of their loved ones. I used to tell my staff to take care of people the way you would want to be cared for in an effort to make it more personal for them."



Alton Memorial School of Nursing Alum **Dixie Lohse** decided to leave a legacy gift for Alton Memorial Health Services Foundation to ensure that her positive experience lives on for generations to come.

We expect everyone at Alton Memorial to provide excellent care. Adjectives like Amazing and Awesome come to mind.

If you have encountered an Awesome employee, physician or volunteer at Alton Memorial Hospital, please let us know by filling out an Awesome form. Your honoree will be given a special badge sticker that identifies them as **AWESOME**.

If you would like to honor this individual with a donation to Alton Memorial Health Services Foundation, your gift will be used to improve patient care at the hospital. Gifts of \$100+ will be recognized on our "Tree of Giving."

Your contribution to the AWESOME fund is tax-deductible and is used to improve patient care at AMH.

Awesome forms are located throughout the hospital or can be completed online at altonmemorialhealthservicesfoundation.org.



Her love for people and caring for others is one of the reasons why she decided to leave a legacy gift to Alton Memorial Health Services Foundation.

"It is a memorial of me to the hospital because I learned so much there and I want to do my part to see it continue to thrive," she said.

Lohse credits her nursing school experience for her career successes.

"I still remember the names of the nurses and patients that were there," she said. "They were part of my extended family, and the hospital is part of my home."

If you would like to learn more about legacy gifts to the Foundation, contact Kristen Ryrie at 618-463-7701 or Kristen.ryrie@bjc.org.

"If you're going to live, leave a legacy. Make a mark on the world that can't be erased."

Maya Angelou, activist and literary icon

Alton Man **THRIVES** After Receiving Life-Saving Medication

John Sanders went to orientation for his new job and was excited to get started. The next day he woke up feeling drained. He knew his blood sugar was high, but was hesitant to go to the hospital because his insurance wouldn't kick in for 90 days.

"When I went to the emergency room, my blood sugar was 800," said Sanders. "They said 'How did you walk in here? You should be in a coma.' I was terrified."

Sanders was immediately admitted and spent seven days in the hospital. Before he was discharged, the pharmacy filled his insulin prescription. His bill was \$600.

"I thought I'd have to sell my car to pay for my medication," he said. "I have a 9-year-old daughter, and she is counting on me."

Sanders' reaction is not unusual as pharmaceutical companies have increased the price of insulin.

"The price of insulin has skyrocketed in recent years," said Lisa James, diabetes educator at Alton Memorial Hospital. "One vial of insulin can cost approximately \$230 for those without insurance. When we think of this, we must remember that many people take more than one type of insulin, and depending on their dose, they could be using multiple vials of insulin monthly."

The Diabetes Education team met with Sanders to teach him about healthy eating choices and encouraged him to apply for assistance for his medication through Alton Memorial Health Services Foundation's Vera Bock Fund. The fund helps patients with diabetes cover the cost of medication and supplies.

"It felt great to know that there are people out there who are willing to help people like myself who are going through a tough situation," Sanders said.

This year, the Vera Bock Fund helped 15 patients by paying nearly \$5,000 to provide life-saving medication and supplies.

"I have energy again, high hopes," Sanders said. "Once I get back on my feet, I want to find a way to give back to the Foundation myself."

If you would like to support the Vera Bock Fund, please contact Kristen Ryrie at 618-463-7701 or Kristen.ryrie@bjc.org.



John Sanders is thriving after receiving the medication and supplies he needed to control his diabetes.

AMHSF Makes **\$1 MILLION** Investment in Area School Districts

For the past 10 years, they have been under the Friday night lights, beyond the baseline, and sitting courtside, ready to respond to student-athletes' needs.

Thanks to the support of donors to Alton Memorial Health Services Foundation, nine area high schools have had a certified athletic trainer or on-site medical professional at athletic events and practices. The program began because of an initial investment from BJC.

The high schools supported by the Foundation include: Alton High School, Bunker Hill High School, Civic Memorial High School, East-Alton Wood River High School, Jersey Community High School, Marquette Catholic High School, Metro East Lutheran High School, Roxana High School and Southwestern High School.

This year's annual gift of \$100,000 to these districts brings the total investment in this program to \$1 million. Our district leaders are grateful and humbled by your generosity. Here's how this investment impacts thousands of student-athletes.

"The feedback we receive from our student-athletes, parents and coaches consistently reflects the significant importance of our athletic trainer," said Kristie Baumgartner, assistant superintendent of the Alton School District. "He plays a critical role in keeping our athletes healthy while also providing immediate support and treatment should an injury occur. He's an essential part of our school community."

"I would like the donors to know how appreciative we are of the donation making an athletic trainer possible," said Michael Slaughter, principal of Marquette Catholic High School. "Without the gift from the Foundation, we would be hard pressed to supply an athletic trainer at all home and away football games, all home soccer and basketball games. He even administers to the visiting teams' athletes."

"As you may be aware, financial turmoil has been the narrative of the State of Illinois and funding public schools for close to a decade, whether it was through proration, unfunded mandates, simply not sending our General State Aid in 2017, or making categorical payments to us behind schedule," said Dr. Jill Griffin, superintendent of the Bethalto Community Unit School District. "During those times it was extremely beneficial to our district to have the support from the Foundation, as that might have been a position we had to look at reducing or eliminating otherwise."

"With the increased concerns about concussion injuries, having a paid trainer here at the game site can save precious seconds on response time and provide peace of mind to parents, athletes, and the staff," said Dr. John Pearson, superintendent of the East Alton-Wood River School District.



Alton Athletic Trainer **Andy Renner** tapes a student-athletes foot during tennis practice at the high school.

"Access to a trainer has definitely allowed our student-athletes who can't afford medical services get access to what they need," said Mark Briggs, athletic director for the Roxana Community Unit School District. "We have been blessed to have access to Dr. Aaron Omotola's office (BJC Medical Group Orthopedics & Sports Medicine) within 24 hours of contact."

"This program enables Bunker Hill #8 to address student-athlete concerns IMMEDIATELY instead of deferring to a third party or waiting for parents or the next school day," said Todd Dugan, superintendent of Bunker Hill Community Unit School District. "Many community members in Bunker Hill express relief in knowing that our trainer and supplemental supplies are available, thanks to this generous donation."

"This program has been a valuable asset to our coaching staff by helping us fund an athletic trainer who provides medical assistance, educates our coaches and gives suggestions and technique recommendations to our athletes about how to prevent and reduce injury time," said Jason Batty, athletic director for Metro East Lutheran High School.

Alton Memorial Hospital and Alton Memorial Health Services Foundation board members, sponsors, Duck Pluckers Committee members, and hospital senior leaders got a look at the newest 'Duck Pluckers' ambulance on Sept. 23



EMS manager **Jason Bowman**, center, and squad leader **Jared Brooks** lift paramedic **Meghan Osterbur**, demonstrate the capabilities of the power stretcher.



'Duck Pluckers' Ambulance Equipped with **LIFE-SAVING** Technology

The rubber now meets the road with a new Alton Memorial Hospital ambulance, thanks to the \$110,000 raised at the 11th annual Duck Pluckers, Deer Skinners & Fish Hookers Ball.

EMS manager Jason Bowman showed the new vehicle to AMH senior leaders, sponsors and members of the Duck Pluckers Committee during a brief ceremony Sept. 23 adjacent to the hospital's Healing Garden.

"These ambulances have state-of-the-art equipment that helps us take care of our patients in the best way possible," Bowman said. "We are very grateful to our hospital leadership, the Duck Plucker Committee and the record number of sponsors that supported the event. We could not do this without them."

The new ambulances are equipped with:

- Zoll cardiac monitors and Bluetooth technology that allows for EKG testing while the ambulance is on the way to the hospital
- A Stryker PowerPro hydraulic lift stretcher rated for 750 pounds of total weight
- A Stryker PowerLoad system rated for more than 1,200 pounds
- A HoverMatt, which is a single patient use air transfer system
- A DefibTech automated CPR device used for continuous compressions in a patient suffering from cardiac arrest
- And a Stryker Stair Pro used for moving patients down stairways

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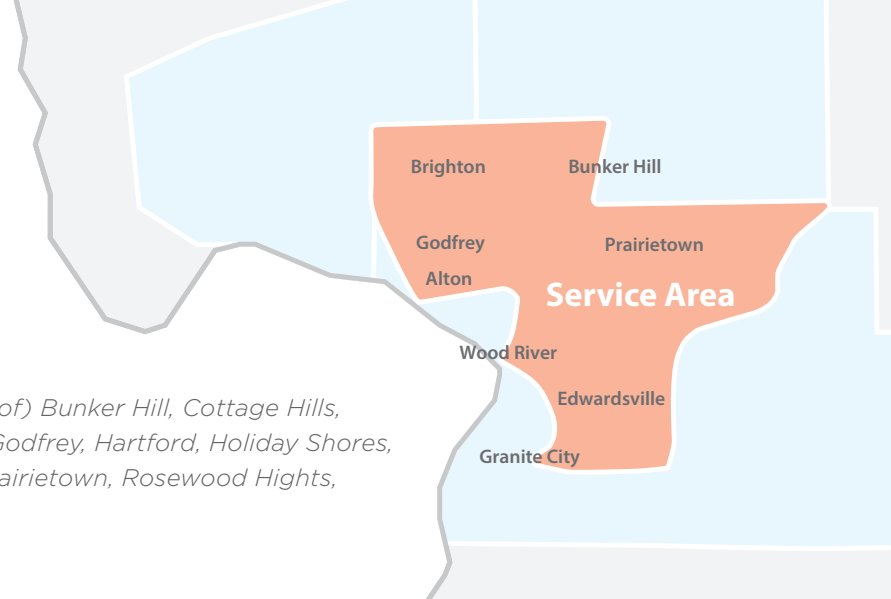
More than 350 people attended the Duck Pluckers Ball on June 1 at Nilo Farms in Brighton.

“The event is a testament to strong community support,” said AMH President Dave Braasch. “It is more evidence of the community standing tall to ensure access to the very best emergency medical care and that state-of-the-art ambulances are here when needed.”

During the past 10 years, Duck Pluckers ambulances at AMH have made more than 82,000 trips. Out of those, 5,000 patients were treated for chest pain and 450 patients were in cardiac arrest.

“Bluetooth technology allows us to do 12-lead EKGs from anywhere — a home, business or on the road,” said Bowman. “The EKG can be transmitted to a doctor at any hospital in the greater Alton area before the patient arrives in the Emergency Department. This critical information helps the doctor determine if the patient is having an active heart attack so treatment can begin immediately on arrival.”

AMH ambulance services, which marked 30 years of service in 2018, cover a 350-square-mile area.



WE COVER:

Alton, Bethalto, Brighton, (Parts of) Bunker Hill, Cottage Hills, Dorsey, East Alton, Fosterburg, Godfrey, Hartford, Holiday Shores, Meadowbrook, Mitchell, Moro, Prairietown, Rosewood Hights, Roxana, S. Roxana, Wood River



Hundreds of people came to the **Duck Pluckers, Deer Skinners and Fish Hookers Ball** on June 1 at NILO Farms to raise money toward the purchase of a new ambulance for Alton Memorial Hospital.

Thank you for hiring the best people in the world to take care of the patients that need them the most.

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 Mr. Michael Mathus
 Mayor and Mrs. Mike McCormick
 Mr. and Mrs. Alan Meyer
 Mr. and Mrs. Danny Michel
 Mrs. Debbie Miller
 Ms. Jessie Miller
 Mississippi Mud Pottery
 Mr. and Mrs. Dennis Moore
 Mr. Daniel Morelli and Ms. Liz Spain
 Morningside of Godfrey
 Morrison HealthCare
 Mr. Mike Morrison and
 Ms. Meredith Parker

Mr. and Mrs. Allan Morse
 Mr. and Mrs. Robert Mueller
 My Just Desserts
 Mr. Allan and the
 Honorable Kyle Napp
 The Nature Institute
 Mr. and Mrs. Rob Naylor
 Mr. and Mrs. Michael Nettleton
 NILO Farms
 Mr. and Mrs. Kyle Ogden
 Old Bakery Beer Company
 Olin Corporation
 Olive Oils and More
 Mr. and Mrs. Chad Opel
 Mr. and Mrs. Bob Paisley
 Piasa Armory
 Picture This and More
 Mr. and Mrs. Marty Pilcic
 Mr. and Mrs. Mike Pilcic
 Pope Animal Hospital
 Mr. and Mrs. Chris Popp
 Mr. and Mrs. Mike Ramsey
 Mr. Richard Raymond
 Mr. and Mrs. Louis Reddo
 Mr. and Mrs. Ethan Reynolds
 Mr. Beau Richmond
 Mr. and Mrs. Tom Riney
 Ringneck Ranch
 Mr. and Mrs. Sam Roberts
 Rolling Hills Golf Course
 Ms. Vicky Rothe
 Mr. and Mrs. Ed Ryrrie
 Mr. Jay Sabo
 Mrs. Ruth Scanlan
 Mr. and Mrs. Tyler Schaper
 Schlafly Tap Room
 Mr. and Mrs. Steve Schwartz
 Scott Credit Union
 Ms. Kristine Scott
 Mr. Blake Seeford
 Sherry's Snacks
 Shivers Frozen Custard
 Sievers Kennels

Mr. and Mrs. Jose Silva
 Simmons Hanly Conroy
 Mr. and Mrs. Denny Sloan
 Mr. Jim Spain and
 Ms. Nancy Simpson
 Solera Wine Bar
 Spencer T. Olin Golf Course
 St. Louis Cardinals
 Mr. Joe Stange
 State Street Market
 Dr. and Mrs. John Stirton
 The Honorable and
 Mrs. Steve Stobbs
 Mr. and Mrs. Jack Stork
 Mr. and Mrs. Daniel Strohbeck
 Sunset Hills Golf Course
 Mr. Nick Sutton and
 Ms. Toni Smith
 Mr. and Mrs. Travis Tarrant
 Tarrant and Harman Real Estate
 and Auction
 Mr. and Mrs. Michael Tchoukaleff II
 Mr. and Mrs. Steve Thompson
 Mr. and Mrs. Fred Tiemann
 TopGolf
 Mr. and Mrs. Chuck Tucker
 Ms. Debbie Turpin
 Mr. Brad Verdun and
 Ms. Alex Johnson
 Mr. Daniel Vogel
 Mr. and Mrs. Tim Vosse
 Mr. and Mrs. Jon Walker
 Mr. and Mrs. Kevin Walsh
 Mr. Frank Welling
 Mr. and Mrs. Dwight Werts
 Mr. and Mrs. Nick Werts
 White Birch Interiors
 Mr. and Mrs. Rick Williams
 Mr. and Mrs. Eric Williams
 Mr. and Mrs. Dennis Wilson
 Woodlands Golf Course
 Mr. and Mrs. Tom Zupanci

I would like to thank all the nurses and support staff for their phenomenal care and allowing my large family to come visit me. Thank you so much for making my stay pleasant and comfortable.

I had so much encouragement from everyone I came in contact with during my stay. I received exceptional care from all departments from day one.

She was absolutely excellent! So very nice, every single time she came in my room. Treated me with nothing but respect and compassion.

Financial Highlights

Alton Memorial Health Services Foundation

TOTAL FUNDS DISTRIBUTED IN FISCAL 2019 **\$370,286**

Athletic Trainer Program	\$100,000
Community Schools Outreach	\$35,000
Duck Pluckers Ambulance	\$111,188
Mary Alice McCarthy Fund	\$51,634
Templin Education Fund	\$69,375
Healing Garden materials	\$3,089

TOTAL SOURCES OF SUPPORT IN FISCAL 2018 **\$234,466**

AMH Medical Staff gift for Healing Garden	\$1,000
Community Support through the Annual Appeal	\$98,797
Duck Pluckers, Deer Skinners & Fish Hookers Ball	\$134,669

Alton Memorial Hospital White Cross Auxiliary

The purpose of the White Cross Auxiliary is to stimulate interest in the activities of Alton Memorial Hospital and to advance its welfare. This is accomplished through volunteerism, development and fundraising. *Proceeds from the hospital gift shop; Girls on Grapes, Boys on Brew event (GOGBOB); and the various lobby sales make these grants to enhance patient care possible.*

TOTAL FUNDS DISTRIBUTED IN 2019: **\$50,995**

Sample of grants funded:

Employee Fitness Center Equipment	\$8,927
Wound Care exam light	\$6,032
Emergency Medical two way radios	\$6,200
Children's play table for Surgery waiting area	\$459
Scanner for Digestive Health	\$632

Additional Funds Distributed in 2019:

Purchase of Stax wheelchairs from GOGBOB proceeds	\$20,263
Employee Appreciation	\$2,442

TOTAL SOURCES OF SUPPORT IN 2019: **\$49,953.80**

Lobby Sales	\$6,266
Girls on Grapes, Boys on Brew	\$32,190.80
Paris -London trip	\$6,377
Miss Eunice's Hat Box	\$5,000
Six Flag ticket sales	\$120

AltonMemorialHealthServicesFoundation.org

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Alton, IL 62002
618-463-7701



Alton Memorial
Health Services
Foundation